

Join Dr. Denise Bell for this presentation. Ministry is hard, but it does not have to be hard on you. It is possible to flourish in life and ministry without dismissing the challenges and struggles of pastoral and clergy leadership. Evidence based research and clergy gatherings often acknowledge the stress, emotional exhaustion, and excessive demands of ministry. However, there is an increasing call for more refreshing conversations that engage in practices that cultivate a sense of flourishing, fullness and deeper moments. Flourishing is not the absence of struggle, instead it is in part the outcome of one's ability to draw from within and remain hopeful despite present day struggles! Engage in this emerging conversation about our collective journey toward flourishing.